



**North London Aikido Dojo**  
is proud to host a weekend seminar with  
**Hombu Dojo Shihan**  
**Shigeru Sugawara, 7<sup>th</sup> dan Aikikai**



**Friday March 1<sup>st</sup> 2019 to Sunday March 3<sup>rd</sup> 2019**

**Venue: Dartford Judo Club, Dartford, Kent DA2 6PD**

**Details of times of classes and course fees will be available shortly.**

**For updates please visit: [www.northlondonaikido.org](http://www.northlondonaikido.org)**